



SANDWICHES

(before 4PM)

Served with house-made chips and coleslaw - Add \$2 for fries

Gluten-free roll available upon request

LOBSTER ROLL MP
*Maine-style with chilled lobster
 or Connecticut-style, warm with butter*

CRAB CAKE SANDWICH \$26
*broiled house crab cake, arugula, and tomato
 on a sesame seed bun*

SHRIMP TACOS \$17
*two Corona beer-battered shrimp,
 thin sliced cabbage, pico de gallo,
 7-mile sauce, and fresh jalapeño*

PO' BOY \$19
*fried shrimp, or oyster, house Po' sauce,
 lettuce, and tomato on a toasted roll*

LOBSTER GRILLED CHEESE MP
lobster meat and dill havarti cheese on Texas toast

FRIED SOFT SHELL SANDWICH MP
*two fried softies, lemon aioli, lettuce,
 and tomato on a sesame seed bun*

FRIED FLOUNDER SANDWICH \$19
*fried local flounder, tartar sauce, lettuce,
 and tomato on a sesame seed bun*

CHICKEN CAESAR SANDWICH \$17
*grilled or breaded chicken, romaine, parmesan,
 and house Casear on a sesame seed bun*

HONEY HOT CHICKEN SANDWICH \$17
*breaded chicken, hot honey, house po' sauce,
 and arugula, served on Texas toast*



DRINKS \$4

*pepsi, diet peps, wild cherry peps,
 starry lemon lime, birch beer,
 ginger ale, lemonade, apple juice,
 fresh-brewed iced tea, coffee, hot tea*

Bottled products also available



2026
*Celebrating
 21 Seasons*



RESTAURANT &
 FRESH SEAFOOD MARKET
 25th & Dune Drive | Avalon, New Jersey

OCEANSIDESAFOODAVALON.COM
609.368.2114

ORDER ONLINE OR BY PHONE

*Dining in?
 Reservations Recommended*

TUESDAYS
KIDS EAT HALF OFF!

with each adult entrée
 5:00 to 8:00 PM
 from kids' menu only
 under 12

**VISIT OUR FRESH
 SEAFOOD MARKET!**

LIVE and STEAMED CRABS,
 and LOBSTER, and MORE!

*All items can be
 ice-packed for travel – no charge!*

**GLUTEN-FREE OPTIONS
 AVAILABLE**

**PARTY TRAYS &
 FAMILY STYLE OPTIONS**

SOUPS

- NEW ENGLAND *or*
 G MANHATTAN
 CLAM CHOWDER
 cup \$10 pint \$15 quart \$21
- SHE CRAB SOUP, *or*
 SPICY CRAB & CORN
 cup \$13 pint \$18 quart \$26

SALADS

- G HOUSE \$14
iceberg and romaine lettuce, tomatoes, cucumber, carrot, and house vinaigrette
 + grilled or breaded chicken \$10
 + shrimp \$12 + salmon \$14
- G CAPRESE with CRAB \$25
sliced tomato and mozzarella, topped with lump crab meat, balsamic reduction, and fresh basil
- CAESAR \$15
chopped romaine, grated parmesan, house-made Caesar dressing, croutons
 + grilled or breaded chicken \$10
 + shrimp \$12 + salmon \$14
- AHI TUNA \$25
rare Ahi tuna with an Asian dressing
- CRAB CAKE \$28
broiled house crab cake over arugula in a summer citrus vinaigrette

*Specialty salads have their own homemade dressings.
 Other dressings are available upon request.*

SIDES

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| Bucket o'Fries | \$17 |
| French Fries | \$9 |
| Old Bay Fries | \$10 |
| Old Bay Fries with cheese | \$11 |
| G Baked Potato | \$5 |
| G Coleslaw | \$2 |
| G Corn on the Cob | \$5 |
| G Side Salad | \$8 |
| G Vegetable du Jour | \$6 |
| G Applesauce | \$2 |
| Bread Basket (4 rolls, whipped butter) | \$6 |

APPETIZERS - CHILLED

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| G SHRIMP COCKTAIL (8)
<i>large shrimp, Kelchner's cocktail sauce</i> | \$17 |
| G CRAB FINGERS
<i>served with our house-prepared mustard sauce</i> | \$18 |
| G CRAB COCKTAIL
<i>colossal lump crab meat with house-prepared mustard sauce</i> | \$22 |
| G COCKTAIL COMBO
<i>large shrimp, colossal crab with Kelchner's cocktail sauce and mustard sauce</i> | \$21 |
| G CLAMS ON THE HALF (seasonal)
<i>6 Jersey top neck clams, Kelchner's cocktail sauce</i> | MP |
| G OYSTERS (seasonal)
<i>6 local raw shucked oysters</i> | MP |
| G PEEL & EAT SHRIMP (1/2 lb. - 1 lb.)
<i>house-steamed in Old Bay, served chilled</i> | MP |

APPETIZERS - HOT

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| G STEAMED MUSSELS - <i>house marinara or garlic sauce</i>
Appetizer Portion \$19 Family Portion \$35 | |
| G STEAMED CLAMS
<i>local steamed little neck clams in herb-garlic butter sauce</i>
(15 clams) \$19 (50 clams) \$38 (100 clams) \$75 | |
| LOBSTER ROLL
<i>Maine-style with chilled lobster or Connecticut-style, warm with butter</i> | MP |
| G CRAB NACHOS
<i>crispy house nachos, lump crab meat, pico de gallo, white cheddar/Old Bay, and jalapeño</i> | \$26 |
| AHI TUNA NACHOS
<i>wonton chips, ahi tuna, avocado, wasabi aioli, scallions, and sweet Sriracha</i> | \$25 |
| CALAMARI
<i>crispy golden calamari, pepperoncini, and choice of Thai chili sauce or marinara</i> | \$19 |
| CLAM STRIPS - <i>lightly fried</i> | \$17 |
| G RALPH'S CLAMS CASINO (6)
<i>Jersey coast top necks, apple smoked bacon, peppers, and onions</i> | \$15 |
| G SEARED <i>or</i> BLACKENED AHI TUNA
<i>6 oz. Ahi tuna, served rare with cucumber-wasabi aioli</i> | \$24 |
| 7-MILE SHRIMP
<i>crispy baby shrimp in our signature house Thai chili sauce</i> | \$18 |
| CHICKEN TENDERS
• <i>golden breaded chicken with honey mustard</i> \$14
• <i>Buffalo-style with blue cheese and celery</i> \$15 | |
| SHRIMP TACOS
<i>two Corona beer-battered shrimp, thin-sliced cabbage, pico de gallo, 7-mile sauce, and fresh jalapeño</i> | \$16 |
| OLD BAY WINGS
<i>fried chicken wings, seasoned and tossed in Old Bay, served with blue cheese and celery</i> | \$17 |

POKE BOWLS

- with jasmine rice, arugula, cucumber, edamame, and carrot, served with an avocado wasabi sauce and our 7-mile sauce*
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| G MARINATED TUNA | \$28 |
| G GRILLED SHRIMP | \$26 |
| G GRILLED CHICKEN | \$24 |

STEAMED PLATTERS

*market price
 Includes one side and coleslaw*

- WHOLE STEAMED LOBSTER
live
- ALASKAN SNOW CRAB
over 1.5 lbs clusters
- MARYLAND HARDSHELL CRABS
(seasonal) 6, steamed in Old Bay

PLATTERS

*Includes coleslaw and a choice of fries, baked potato, or vegetable du jour
 - baked potato after 4PM -*

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| SHRIMP IN A BASKET - <i>lightly fried</i> | \$24 |
| CLAM STRIPS - <i>lightly fried</i> | \$26 |
| HOMEMADE CRABCAKES - <i>broiled</i> | (1) \$28
(2) \$48 |
| OYSTERS - <i>breaded and fried</i> | \$26 |
| JUMBO SHRIMP - <i>broiled or fried</i> | \$28 |
| SEA SCALLOPS - <i>broiled or fried</i> | MP |
| FLOUNDER - <i>broiled and fried</i> | MP |
| BROILED COMBO
<i>Lobster Tail, Shrimp, Scallop, and Flounder</i> | MP |
| SOFT SHELL CRABS | MP |
| SHRIMP & SCALLOPS - <i>broiled or fried</i> | MP |
| SCALLOPS & FLOUNDER - <i>broiled or fried</i> | MP |

KIDS' MENU

Includes applesauce and fries

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| MOZZARELLA STICKS | \$15 |
| CHICKEN TENDERS | \$16 |
| JUMBO SHRIMP <i>fried or broiled</i> | \$17 |
| FLOUNDER <i>fried or broiled</i> | \$16 |

HOUSE SPECIALTIES (after 4PM)

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| G AHI TUNA STEAK
<i>6 oz. pan-seared rare or blackened, with jasmine rice, soy vinaigrette, wasabi aioli, and vegetable du jour</i> | \$35 |
| G WHISKEY MAPLE SALMON
<i>marinated grilled salmon in a whiskey-maple glaze, with jasmine rice, frizzled leeks, and vegetable du jour</i> | \$37 |
| G BLACKENED SWORDFISH
<i>cast-iron-blackened swordfish with jasmine rice, garlic-lemon aioli, pico de gallo, and vegetable du jour</i> | \$37 |
| G FILET MIGNON
<i>6 oz. char-grilled beef filet with vegetable du jour and fried steak-cut potato wedges</i> | \$42 |
| G SURF & TURF
<i>6 oz. filet, choice of crab cake or lobster tail, with fried steak-cut potato wedges and vegetable du jour</i> | \$52 |
| G TWIN LOBSTER TAILS
<i>two 6 oz. broiled lobster tails with drawn butter, jasmine rice, and vegetable du jour</i> | \$46 |
| CHICKEN PARMESAN BOWL
<i>breaded chicken breast, house marinara, spinach, parmesan cheese, fresh mozzarella, and jasmine rice</i> | \$26 |
| G SCALLOP ROSE BOWL
<i>pan-seared local scallops with arugula, vodka cream sauce, and jasmine rice</i> | \$42 |
| G CRAB & SAUTÉED SPINACH BOWL
<i>with tomato and jasmine rice in a shallot cream sauce</i> | \$46 |

HOME-MADE DESSERTS

- KEY LIME PIE
 GLUTEN-FREE CHEESECAKE
 G GELATO
 CHOCOLATE-CHIP BLONDIE
 WITH VANILLA ICE CREAM

- G Gluten-Free
 MP Market Price

==== All fried food is cooked in Canola Oil. ====

*We are a seafood restaurant and market.
 We are unable to guarantee that
 there will not be cross-contamination.*

*Consuming raw shellfish or seafood
 may increase your risk of foodborne illness.*

All credit cards accepted

Customers paying in cash save 5% on their bill.